Guide to Effective Care in Pregnancy and Childbirth

A Guide to Effective Care in Pregnancy and Childbirth is a clearly written review of the important research evidence on the effects of the various care practices carried out during pregnancy, childbirth, and the early days after birth.

In addition to the details provided in the text, the book concludes with valuable tables that list the practices which are beneficial, those of unknown effectiveness, and those likely to be ineffective or harmful.

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