The eighth edition has been updated for currency and retains key features that have been well-received in previous editions, specifically self-awareness prompts, clinical examples, and recurring boxes.

This is a core textbook for the LPN and ADN psychiatric-mental health course. This textbook presents succinct, yet comprehensive coverage of topics for the short or integrated psychiatric-mental health course.

Topics covered include:
- Psychobiological and developmental theories related to specific disorders
- Economic, spiritual, sexual, and religious factors affecting mental health
- Cultural and ethnic diversity
- Loss and grief
- The nurse's role in clinical psychopharmacology
- Management of pain and sleep disturbances
- Client empowerment
- Utilization of behavior therapy as a nursing intervention when appropriate