Although we usually identify our abilities to reason, to adapt to situations, and to solve problems with the mind, recent research has shown that we should not, in fact, detach these abilities from the body. This work provides an integrative framework for understanding how these abilities are affected by visceral reactions.

Schulkin presents provocative neuroscientific research demonstrating that thought is not on one side and bodily sensibility on the other; from a biological point of view, they are integrated. Schulkin further argues that this integration has important implications for judgements about art and music, moral sensibilities, attraction and revulsion, and our perpetual inclination to explain ourselves and our surroundings.

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