Listening to Patients: Relearning the Art of Healing in Psychotherapy

This is a guide for psychology residents, medical students, and trainees in clinical psychology, social work, and nursing.

Listening to Patients examines the challenges and rewards of establishing an alliance with patients and demonstrates how therapy can provide a safe means for them to handle their experiences. Topics discussed in detail include creating a working alliance, initial sessions, conversion reactions, body image, the spiritual life of patients, the goals of patients and therapists, and patients who return to therapy.

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