Hypochondriasis is state-of-the-art on the topic and is intended for both practicing clinicians and researchers. Hypochondriasis is an ancient term, evoking much controversy. This is reflected in sharp disagreements about conceptualization of hypochondriasis and its etiology, pathogenesis, and treatment. Written by world experts and from different perspectives, this volume fills the need for a modern, balanced, in-depth and integrative overview of hypochondriasis as a mental disorder with diverse manifestations.