This is a practical how-to book intended primarily for trainees and practicing clinicians unfamiliar with the relatively new field of neuropsychiatry. It is written as the author might teach the material during clinical rounds and in small group seminars.

Increasingly, psychiatrists make little distinction between psychiatric and neurologic disorders, considering them all as dysfunctions of the central nervous system. In a clear and engaging style, the author explains what to do and how to do it, giving the rationale for each step, and synthesizing neuropsychiatric principles with practical guidelines for diagnosis and management of adult patients. Many tables are included for quick reference and to help the reader to quickly see the big picture of a given topic. The book covers personality and personality disorders, depression, bipolar disorder, psychiatric disorders, alcohol and substance abuse, epilepsy, traumatic brain injury and stroke, anxiety disorders, obsessive compulsive disorders, headache and violence. It can be used as an introductory text for psychiatric residents, medical students, and others who care for persons with behavioral disorders. It can also be used as a clinical manual or reference by practitioners in psychiatry and neurology.