The companion forms to accompany Mastering Depression Through Interpersonal Psychotherapy: Patient Workbook

Containing forms that accompany Mastering Depression Through Interpersonal Psychotherapy: Patient Workbook, this book helps readers learn about depression, its symptoms, and how they relate to events in the patient’s life. When used as a part of therapy with IPT and in conjunction with the accompanying monitoring forms booklet, this book can help patients manage the effects of depression.

Publication Year: 2005
Edition: 1st
Author/Editor: Myrna M. Weissman, Myrna M.
Publisher: Oxford University Press (OUP)
Platform: Ovid
Product Type: Book
Speciality: Clinical Psychology, Psychotherapy
Language: English
Pages: 22
Illustrations: 0