Pocket-sized quick-reference handbook presents evidence-based recommendations for diagnosis and treatment of endocrine disorders.

Authors summarize the latest and best clinical studies supporting the practice recommendations and grade each study to indicate the benefits and risks of the therapy and reliability of the study results.

Chapters cover disorders in the major areas of endocrinology: hypothalamic-pituitary, thyroid, adrenal, metabolic bone, reproductive, diabetes, lipid disorders, obesity and nutrition, endocrine malignancies, and genetics. This thoroughly updated edition features a new chapter on genetics, expanded chapters on lipids and obesity and nutrition, and comprehensive coverage of new therapies for diabetes and osteoporosis.

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