Offers evidence-based recommendations on the use of clinical preventive services in adult and pediatric patient care.

Provides specific guidelines for counseling, testing, and interventions based on age, gender, and risk factors for disease. A letter-grading system is used to indicate which preventive services are strongly recommended, recommended, not recommended, or not supported by sufficient evidence. Topics covered include cancer screening, heart and vascular diseases, infectious diseases, injury and violence, mental health and substance abuse, metabolic, nutritional, and endocrine conditions, musculoskeletal conditions, and obstetric and gynecologic conditions.