In an attempt to 'demystify' some areas of pain medicine the authors include details of the science behind common conditions and their remedies in order to emphasize the psychological and social impacts of pain.

Designed for primary care clinicians this book is about patients who suffer with long term pain. Written in a distinct, friendly style, it analyses ideas about pain from the simple to the complex and provides up-to-date and relevant information written by doctors whose practice is either wholly or substantially related to people with pain. It provides examples of everyday patients to provide clinicians with the confidence to prescribe and treat patients with more difficult pain.