The fourth edition of this essential 2-volume resource has dozens of new scales as well as updated information for existing instruments. Volume 1 focuses on scales for use with adults; Volume 2 provides a range for couples, families, and children.

The two volumes that make up the fourth edition of this essential resource has dozens of new scales as well as updated information for existing instruments, expanding and cementing its utility for members of all the helping professions, including psychology, social work, psychiatry, counseling, nursing, and medicine. Each instrument is reproduced in its entirety and critiqued by the editors, who provide guidance on how to select and score them.

Giving clinicians the scales they need to measure their clients problems and monitor their outcomes, these all-in-one sourcebooks brings effective, accountable practice within reach for today's busy professionals.