Crucial Principles in Care of the Knee, The

Written by internationally eminent authorities in sports medicine and knee surgery, this book thoroughly describes and illustrates the key principles in the diagnosis, surgical treatment, and rehabilitation of knee disorders. The information on surgical procedures, outcomes, and complications is evidence-based and documented from a database of over 15,000 cases.

Coverage includes detailed descriptions and illustrations of three new surgical procedures—microfracture for chondral injuries, stimulation of the healing response in ligamentous injuries, and arthroscopic treatment of the degenerative knee. Specific postoperative rehabilitation protocols are included for many surgical procedures. Other topics covered include injury prevention, imaging, functional evaluation, and biomechanics.

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