The only text to provide both the doctor's and patient's views, this book provides authoritative, practical answers to the most common questions asked by patients and their loved ones.

Approximately one million Americans may have Crohn's disease or ulcerative colitis. Whether you're a newly diagnosed patient, or a friend or relative of someone suffering with Crohn's Disease or Ulcerative Colitis, this book offers help.

Completely revised and updated, this second edition provides authoritative, practical answers to common questions about this condition to help patients and families achieve a greater understanding of all aspects of dealing with Crohn's Disease including treatment options, sources of support, and much more. This book is an invaluable resource for anyone coping with the physical and emotional turmoil of this disease.