Chronic Obstructive Pulmonary Disease, or COPD, is a disabling and potentially fatal illness affecting more than 13 million people and is the fifth leading cause of death in the United States. Whether you or a loved one has been diagnosed with COPD, the number and type of diagnosis and treatment options can be overwhelming. This invaluable resource offers the guidance and advice you need.

Written by a prominent physician and leader in patient support for this devastating lung disease, with commentary from an actual COPD patient, 100 Questions & Answers About Chronic Obstructive Pulmonary Disease gives you authoritative, practical answers to your questions, including diagnosis, medical, surgical, and rehabilitative treatment options, how to work with your physician to improve your health and avoid hospitalizations, cautions and pre-cautions, smoking cessation, psychological issues, and much more.