Offers authoritative, practical answers to questions about treatment options, sources of support, and more

Written by an expert on the subject, and including a foreword by parents of a person with schizophrenia, this book is an invaluable resource for anyone coping with the physical and emotional turmoil of schizophrenia.

Approximately one percent of the population develops schizophrenia during their life-time. This chronic, severe mental illness can be devastating for patients and their family and friends. Whether you're a newly diagnosed patient with schizophrenia, or a friend or relative of someone suffering from this mental illness, this book offers help.