This manual will help mental health professionals manage their patients and students and residents to hone the basic skills of psychiatric practice that they can build on in the years to come.

Thoroughly updated, the third edition of this pocket-sized handbook provides concise, evidence-based information on assessing and managing psychiatric problems. The Little Black Book of Psychiatry presents a comprehensive overview of psychiatric disorders, with data regarding epidemiology, symptomatology, laboratory data, course, complications, etiology, differential diagnosis, and treatment.