Recommended by the American Hospital Association, this application-based text addresses the needs and characteristic of the learner and discusses appropriate instructional approaches.

Patient education is a fundamental component of nursing practice—essential to improving the health of individuals. Essentials of Patient Education, based on Susan B. Bastable's best-selling Nurse As Educator: Principles of Teaching and Learning for Nursing Practice, Second Edition, prepares nurses for their ever-increasing roles in patient teaching, health education, and health promotion. Essentials of Patient Education will provide nursing students with a thorough comprehension of and the skills necessary in the teaching and learning process.

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