Child and Adolescent Mental Health helps readers provide mental health care to children with varying emotional problems.

Child and Adolescent and Mental Health tackles the challenge of spanning disciplines in the helping professions—chapters address the perspectives of psychologists, nurses, psychiatrists, social workers, educators, recreation specialists, families, and others.

The text covers themes such as creating genuine partnerships among family members and professionals, developing culturally sensitive community resources, and building on the strengths of the community, the consumer, the student, and the professional to best meet the complex needs of families. The text goes on to discuss the integration of the system of care philosophy and approach, and the core value of providing services that are community-based, child-centered, family-focused, and culturally appropriate.