The thoroughly updated fifth edition of this practical handbook is a current, reliable, and readable guide to the intelligent use of today's contraceptive options.

In this updated fifth edition, the authors provide the essential information that clinicians and patients need to choose the best contraceptive method for the patient's age and medical, social, and personal characteristics.

The book concisely covers all available drugs and devices. Each contraceptive method is covered in a single chapter that includes history of the contraceptive, method of action, pharmacology (when applicable), contraindications, and use. This edition includes new and updated information on new oral contraceptive pills, transdermal and vaginal delivery, post-pregnancy contraception, use of Essure for sterilization, and uses of contraceptives for non-contraceptive indications.

Key Features:
--NEW: Includes new oral contraceptive pills
--NEW: New chapter on post-pregnancy contraception
--NEW: New non-contraceptive uses of contraceptives (Mirena*)
--NEW: Separate chapters on transdermal and vaginal delivery (new varieties of both are on the way)
--NEW: Updated information on Essure for sterilization
--Includes helpful charts and tables that provide key facts at a glance
--Provides age-specific coverage addressing concerns to women at both the start and end of reproductive age
--Provides concise and current guidance on the full range of contraceptive methods, their effectiveness and limitations
--Reader-friendly style makes essential material easy to find and use