Providing comprehensive, expert coverage of this timely topic, Diabetes and Obesity in Women: Adolescence, Pregnancy, and Menopause is a readable, practical guide to these two widespread and comorbid conditions.

This one-stop resource covers women across the lifespan, with particular emphasis placed on the childbearing years. Primary care physicians, OB/GYNs, maternal-fetal medicine specialists, perinatologists, and endocrinologists will find a wealth of useful information that can be used in everyday practice. Offers reliable guidance from internationally recognized experts, designed for on-the-spot reference and practical application. Provides up-to-date information on diabetes and obesity, including drug treatment options, dietary management, and long-term care of complications. Includes detailed guidelines on management of gestational diabetes, pregnancy complicated by pre-existing diabetes and obesity, and peripartum and neonatal care. Covers prenatal diagnosis of abnormal fetal growth, congenital malformations, and diabetes and obesity in stillbirth. Features hundreds of clear line drawings and quick-reference tables that clarify key information.