This handbook is a concise, portable ready reference for diagnosing and 
treating common medical illnesses encountered in psychiatric patients, 
particularly those in an inpatient service.

The first section of this handbook explains laboratory tests used to diagnose 
medical illness. The second section covers 59 medical symptoms and diseases. The 
third section focuses on important syndromes which have specific psychiatric 
manifestations or are caused by psychotropic drugs.

Particular attention is given to basic understanding of lab tests and drug dosing. 
"Pearls" and "pointers" increase the book’s utility. Appendices offer guidelines on 
monitoring for psychiatric medications and list key medical abbreviations.