Principles of Manual Sports Medicine

This thoroughly illustrated handbook is the first complete how-to guide to the use of manual medicine techniques for sports injuries.

For each region of the body, the book describes anatomy, physiology, physical examination, and common sports injuries, and details the various manual medicine techniques, with step-by-step instructions for treating specific injuries. More than 400 illustrations demonstrate how to apply these techniques. Separate chapters focus on injuries in fourteen specific sports and in specific athletic populations—the differently abled, children, women, the elderly, and pregnant athletes.

Publication Year 2004
Edition 1st Ed.
Author/Editor Karageanes, Steven J.
Publisher Lippincott Williams & Wilkins (LWW)
Doody's Star Rating® ★★★★☆ Score: 94
Platform OvidMD, Ovid
Product Type Book
Speciality Chiropractic, Massage Therapy, Osteopathy, Personal Training, Physical Therapy, Sports Medicine
Language English
Pages 608
Illustrations 460
Included In Lippincott Williams & Wilkins Classic Book Collection 2018, Lippincott Williams & Wilkins Sports Medicine and Orthopaedics Book Collection 2018