Winston & Kuhn's Herbal Therapy and Supplements: A Scientific and Traditional Approach

The second edition of this pocket guide presents the essentials of herbal therapy and nutritional supplements, combining the traditional and scientific worlds.

Dr. Kuhn has a PhD in physiology and is the author of two pharmacology textbooks; Mr. Winston is a traditional herbalist in practice with a native American heritage.

The book covers 115 herbs that are commonly available in the United States and Canada and 15 nutritional supplements. Coverage of each herb includes traditional and current uses, dangers and toxicities, and a bibliography. This edition includes 15 new herbs.

Publication Year: 2007
Edition: 2nd Ed.
Author/Editor: Kuhn, Merrily A.; Winston, David
Publisher: Lippincott Williams & Wilkins (LWW)
ISBN: 978-1-582-55462-4
Platform: OvidMD, Ovid
Product Type: Book
Speciality: Alternative & Complementary Medicine, Pharmacology
Language: English
Pages: 592
Illustrations: 115
Included In: Lippincott Williams & Wilkins Classic Book Collection 2018, Lippincott Williams & Wilkins Pharmacology Book Collection