Women's Mental Health: A Life-Cycle Approach brings together the latest research and clinical information on the wide variety of psychiatric problems that affect women in unique ways. The book is organized around the female life cycle—childhood, adolescence, adulthood, reproduction, and aging—and addresses specific disorders as they present at each stage.

Chapters examine the biological, hormonal, and psychosocial foundations of female psychiatric disorders at each life-cycle stage and offer a framework for thinking about clinical problems. Expert commentaries are included to expand on key issues and provide an insightful overview of each life-cycle stage. The international group of contributors ensures complete coverage of cross-cultural issues. Concluding chapters discuss mental health services for women worldwide.