Written by surgeons who are noted teachers, this volume of the Orthopaedic Surgery Essentials Series presents all the information residents need during sports medicine rotations. It can easily be read cover to cover during a rotation or used for quick reference before a patient workup or operation.

The book begins with physical examination, non-surgical topics, and principles of arthroscopic surgery and proceeds to specific sports injuries at each anatomic site. Coverage of each injury includes surgical anatomy, diagnosis, imaging, indications for surgery, techniques, and complications.

The user-friendly, visually stimulating format features ample illustrations, algorithms, bulleted lists, charts, and tables and can easily be read cover to cover during a rotation or used for quick reference before a patient workup or operation.