Anatomy & Physiology Made Incredibly Easy!

No need to feel stressed over anatomy and physiology—grasp all the basic terms and concepts, with the fully updated Anatomy and Physiology Made Incredibly Easy!, 5th Edition.

Using humor and friendly guidance, this colorful text gives you the pure-and-simple clarity you need to understand the basic structure and functions of all major body systems, while also guiding you through genetics, nutrition, reproduction, and more.

This handy quick-reference guide is the ideal NCLEX® study aid, textbook support, or quick refresher for nurses and other healthcare practitioners.

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**Defines anatomic terms**
- such as cell structure, cell reproduction and energy generation, the four basic tissue types and their characteristics, and more

**End-of-book, pocket-sized study cards**
- for easy review anywhere, anytime

**Explains the forms and locations of body structures**
- the directional terms, reference planes, cavities, and regions of every major body system

**Dozens of full-color drawings and diagrams**
- illustrating all major body systems—integumentary, musculoskeletal, neurosensory, endocrine, cardiovascular, and more, plus: fluids and electrolytesreproduction and lactationgeneticsnutritionchemical organization

**Special features include:**
- "Nurse Joy" and "Jake"—expert insights, key concepts, and important care reminders
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- **Body shop**—illustrates how body systems and structures work together
- **Memory jogger**—helpful tricks and tips to help you retain vital data
- **Just for fun**
Anatomy & Physiology Made Incredibly Easy!

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