Extensively revised, this book remains the most comprehensive and authoritative reference in this rapidly advancing specialty.

The previous editions of this book were heavy into basic science and attempted to cover all of the anatomic joints. The fourth edition has been completely revamped and reorganized; the basic science content has been reduced to the essentials and chapters on history and ethics have been removed. The chapter format has been reorganized to focus on step-by-step, “how-to-do-it” material. The anatomic areas covered in the book are the knee, shoulder, elbow, wrist, hip, foot, and ankle; areas that the sports medicine specialist typically handles. World-renowned experts describe the latest instrumentation and techniques and detail proven minimally invasive procedures.