This book identifies and resolves a selection of typical individual patient management problems that will confront the GP or Rheumatologist in his or her daily work.

The practice of rheumatology is constantly changing with new ways to manage disorders. Problem Solving in Rheumatology shows how recent developments in clinical and pharmaceutical research may be implemented in daily clinical practice.

More than 50 problems and solutions covering all the major areas of rheumatic disorders are included: rheumatoid arthritis, ankylosing spondylitis, joint replacement surgery, gout, pain management, fibromyalgia, carpal tunnel syndrome, tennis elbow, autoimmune disease and vascular complications, osteoporosis, diet, infections and tumours. Each case is accompanied by introductory questions, key references and a management algorithm.