A practical book for clinicians as it sets out an integrated prevention and management strategy for allergic disorders and emphasizes the importance of the patient viewpoint in the management of disease.

There have been enormous advances in knowledge and understanding of the scientific and clinical aspects of allergic disorders over recent years. This book provides an evidence-based overview of therapy for allergy, showing how increased understanding translates into clinical practice, with a discussion of promising future therapeutic agents.

This comprehensive review volume provides clinicians with a thorough understanding of the factors which will enable them to formulate an appropriate strategy for treatment and long-term management for each individual patient.