This book presents a comprehensive case load of patient disorders seen by
the endocrinologist and general practitioner. Real problems experienced
by all doctors in the field are discussed and current literature and
guidelines have been reviewed to provide the latest best practice.

The authors have drawn on their clinical experience backed by wide critical reading
in the primary literature to identify 46 problems that reflect the everyday reality of
patients presenting to the clinician. Each case is summarized by several practical
questions to stimulate the reader, followed by a clinical presentation. A detailed
discussion follows of the potential causes and diagnostic pitfalls, as well as the
therapeutic and lifestyle management options available, accompanied by
algorithms and key references. Each of the major areas of endocrinology are
covered: thyroid, adrenal gland, pituitary, reproduction, growth and development,
calcium and bone, endocrine hypertension, water, electrolytes and glucose. The
authors conclude with a section focusing specifically on therapeutic aspects.