Treating Child and Adolescent Depression is a practical and authoritative guide to diagnosis and treatment of child and adolescent depression in various clinical settings, health care systems, and cultures.

The contributors address current controversies surrounding the potential risks of medications in children and discuss other biological treatments and psychotherapies, with emphasis placed on evidence-based precepts for treatment. Key take-home points are listed at the end of each chapter. Flow charts and tables summarize treatment recommendations, and tables summarize evidence of effectiveness and quality of evidence. Also included are lists of other resources for clinicians, patients, and families.