Personality Disorders: A Practical Guide

This new addition to the Practical Guides in Psychiatry series is a clinically oriented pocket guide to diagnosis and treatment of personality disorders.

Using the conversational style and case vignettes found in all Practical Guides in Psychiatry titles, Dr. Berman addresses every category of personality disorder. The first section discusses the various types of personality disorders. The second section discusses those that coexist with other major psychiatric disorders, such as depression and bipolar disorder. The third section focuses specifically on treatment issues. Among the issues discussed are how gender, culture, substance abuse, post-traumatic stress disorder, somatoform disorders, and medical conditions intersect with personality disorders.