Provides essential practical information in the care of the adolescent and reproductive age females and males. Evidence-based and concise, this handbook is the must-have resource for all practitioners, trainees, and students in sexual and reproductive healthcare.

Fully updated for the second edition, this handbook now contains additional practical guidance, algorithms and diagrams, a new chapter on recurrent miscarriage, as well as expanded information on topics such as fragile X syndrome, PCOS and hirsutism. It follows chronological age up to the menopause, covering areas such as the reproductive system, puberty, the menstrual cycle, contraceptive methods, and infertility.

This is the essential guide to all aspects of reproductive medicine, family planning and sexual health, providing all the vital information the reader needs.

Suitable for medical students, specialist nurse groups, GPs, practitioners in gynaecology, general medicine and endocrinology. Those doctors undertaking membership of the Royal College of Obstetrics and Gynaecology, and postgraduate trainees in reproductive medicine.