This book is an excellent guide to a majority of the commonly used herbs and dietary supplements.

This unique book gives health care professionals a quick reference to herbs, minerals, vitamins, amino acids, probiotics, enzymes, over-the-counter hormones and other dietary supplements commonly used by consumers.

The text covers claims, indications, scientific evidence, possible benefits, adverse effects, contraindications, and drug interactions.

Publication Year: 2002
Edition: 1st Ed.
Author/Editor: Fugh-Berman, Adriane
Publisher: Lippincott Williams & Wilkins (LWW)
ISBN: 978-0-683-30273-8
Doody’s Star Rating®: ★★★★★ Score: 100
Platform: OvidMD, Ovid
Product Type: Book
Speciality: Advanced Practice, Alternative & Complementary Medicine, Internal Medicine, Medical Humanities, Nurse Practitioner, Nutrition & Dietetics, Primary Care/Family Medicine/General Practice, Public Health
Language: English
Pages: 400
Illustrations: 0
Included In: Lippincott Williams & Wilkins 5-Minute Clinical Consult Collection, Lippincott Williams & Wilkins Classic Book Collection 2018