This book presents a series of cases of psychosocial interventions with schizophrenia and other serious mental health difficulties. The case studies in this volume range from work with individuals through work with families and groups, to working with organisations to enable them to adopt a more psychosocial approach.

The book is co-authored by a range of carers and service users, alongside a number of professionals in different roles, including service managers, Mental Health Trust directors, nurses and psychologists. This collaborative approach captures the benefits of a true alliance between the service user and/or carer, and the professional with whom they are working.

The contributors detail the skills and knowledge bases needed for interventions in a range of settings, including outreach work, group work and family work, as well as treatment on acute wards. Each chapter examines its implications for mental health practice and policy, and editorial introductions and conclusions draw together the main themes of the book.