In the first volume to provide a comprehensive and authoritative empirical and clinical coverage of the process of rumination in depression, Costas Papageorgiou and Adrian Wells have brought together leading experts in a unique collection.

Depressive rumination leads to a multitude of negative consequences such as the maintenance and exacerbation of negative mood and future episodes of depression.

**Depressive Rumination:**

* Helps identify rumination in dysphoric states and depressive disorders
* Advances understanding and conceptualization of depression
* Provides new insights for improving existing treatments
* Guides assessment and choice of instruments
* Assists in treatment protocols

**Publication Year:** 2003
**Edition:** 1st
**Author/Editor:** Papageorgiou, Costas; Wells, Adrian
**Publisher:** Wiley
**ISBN:** 978-0-471-48692-3
**Platform:** Ovid
**Product Type:** Book
**Speciality:** Clinical Psychology
**Language:** English
**Pages:** 296
**Illustrations:** 0
**Included In:** Wiley Psychology Book Collection