Employee Well-being Support: A Workplace Resource is a detailed guide to employee wellbeing.

Employees have a set of needs as part of the 'psychological contract' of employment. However, organizations operate for a reason and they too have agendas and needs. It is how the two come together that determines the capacity for good human relations and optimum productivity. Employee Well-being Support is an edited collection of expert contributions that explores all key issues in this increasingly critical area.

<table>
<thead>
<tr>
<th>Publication Year</th>
<th>2008</th>
</tr>
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<tbody>
<tr>
<td>Edition</td>
<td>1st</td>
</tr>
<tr>
<td>Author/Editor</td>
<td>Kinder, Andrew; Hughes, Rick; Cooper, Cary L.</td>
</tr>
<tr>
<td>Publisher</td>
<td>Wiley</td>
</tr>
<tr>
<td>Platform</td>
<td>Ovid</td>
</tr>
<tr>
<td>Product Type</td>
<td>Book</td>
</tr>
<tr>
<td>Speciality</td>
<td>Applied Psychology</td>
</tr>
<tr>
<td>Language</td>
<td>English</td>
</tr>
<tr>
<td>Pages</td>
<td>368</td>
</tr>
<tr>
<td>Illustrations</td>
<td>0</td>
</tr>
<tr>
<td>Included In</td>
<td>Wiley Psychology eBooks Collection</td>
</tr>
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</table>