Evidence-based Paediatric and Adolescent Diabetes brings together an international group of paediatric diabetes specialists to address the cause, course and complications of all types of diabetes. From a careful review of the latest research, they propose the best possible evidence-based recommendations for the care of children and the youth with diabetes.

The text provides the reader with an understanding across three different levels:

* Reviews how strong the evidence is for recommending one approach over another
* Highlights areas where evidence is not based on the types of studies needed to provide ‘high grade recommendations’, but where there is a general consensus as to the most sensible approach
* Identifies the issues that remain inadequately addressed such that no definitive recommendations can be made

As the incidence of type 1 diabetes mellitus continues to increase worldwide, and type 2 is being seen in more young people, this timely volume will help a wide range of health care professionals deliver the best possible care to their young patients.