This book describes and discusses the latest research concerning the benefits of having specially trained nurses manage the care of patients with heart failure after they have been discharged from hospital to their own home. Leading nurses and doctors from around the world discuss their experiences with this type of innovative and effective care program.

The book contains a practical guide to developing this type of care program into a fully functional service that provides quality care to those patients admitted to hospital with heart failure.

This second edition changes the emphasis from reviewing the research to guidance on implementation, making the book an ever more useful tool for practitioners managing CHF patients.

Using the Glasgow group’s experience, the comprehensive text covers:

- The background: reviewing the costs; state of the art treatment of heart failure; specialist nurse intervention: the evidence.
- The Glasgow experience: a blueprint for identifying and managing patients; assessing the patient with heart failure; optimising day to day management of patients; pharmacological treatment—a specialist nurse perspective
- The future: new frontiers in specialist nurse management of CHF