Introducing Cognitive Analytic Therapy: Principles and Practice

This is a comprehensive, up-to-date introduction to the origins, development, and practice of cognitive-analytic therapy (CAT).

Written by the founder of cognitive-analytic therapy and an experienced psychiatric practitioner and lecturer, this text offers a guide to the potential application and experience of CAT with a wide range of difficult clients and disorders and in a variety of hospital, community care and private practice settings.

Introducing Cognitive Analytic Therapy includes a range of features to aid scholars and trainees:
- illustrative case histories and numerous case vignettes
- chapter summaries, further reading and a glossary of key terms
- resources for use in clinical settings

Publication Year: 2002
Edition: 1st
Author/Editor: Ryle, Anthony; Kerr, Ian B.
Publisher: Wiley
ISBN: 978-0-471-89273-1
Platform: Ovid
Product Type: Book
Speciality: Clinical Psychology
Language: English
Pages: 286
Illustrations: 0
Included In: Wiley Psychology Book Collection