Learning disabilities and mental health: a nursing perspective provides an evidence-based perspective on care of individuals with learning disabilities and mental health problems.

Around 30% to 40% of people with learning disabilities will experience mental health disorders during their lives. Many learning disability nurses and a significant number of mental health nurses are in daily contact with this group, and their complex needs are not often well understood.

This book:
- Examines current theory and practice in supporting people with learning disabilities and additional mental health needs
- Evaluates the learning disability nursing contribution to care
- Identifies the key knowledge and skills required by learning disability and mental health nurses and other health care professionals
- Addresses key issues in contemporary practice
- Explores assessment of needs in order to provide needs-led services