Lympoedema is managed most successfully when advice and treatment are provided at an early stage of its development. This book provides all the necessary knowledge and the skills required to identify risk factors for the development of the disease and to equip the health care professional in providing the best advice to the patient.

As well as examining the physical signs and symptoms of lympoedema, the book explores the different types of lympoedema and reasons for its development. It includes a framework for the assessment of the person with lympoedema, addresses skin care, compression, and the role of exercise and movement in lympoedema management. It also examines potential complications of the condition and possible effects upon a patient’s lifestyle.

Lympoedema Care is an invaluable resource for students, nurses and other health professionals wishing to understand more about lympoedema:
* Promotes care of the ‘at risk’ limb in order to minimize problematic swelling
* Enables nurses to identify complications and recognise the need for referral
* Includes case studies