Psychotherapy with Suicidal People: A Person-Centred Approach

Psychotherapy with Suicidal People provides a multi-component approach, with rich clinical data including many case histories, to guide the reader.

Based on decades of research from across the globe, Antoon A. Leenaars takes the reader into the mind of the suicidal person, from the young to the elderly, from the anonymous to the famous. There is no better way to know, and thus to treat, a person.

A plethora of special features makes this volume an international classic and includes:

* Reflections of many suicidologists such as Heraclitus, Plato, Sigmund Freud, Emile Durkheim and Edwin Shneidman.
* A unique window on the clinical mind of the author.
* Empirically supported definition, with applications across age, gender, historical time, as well as culture.