Research Methods in Clinical Psychology is a reader-friendly introduction to doing, and thinking about, research in clinical psychology.

This systematic guide takes students and practitioners through the basic steps of a research project, from start to finish. The emphasis is on understanding the essentials of good research and evaluation, as a basis for knowledgeable criticism and appreciation of research and effective planning and evaluation of treatment.

Chris Barker, Nancy Pistrang and Robert Elliott provide a balanced account of both qualitative and quantitative methods within a framework of methodological pluralism—fitting the method to the research question. This new edition presents many new methods that have developed over the last decade, alongside the more traditional approaches. It is an invaluable tool for those who want to conduct their own research, or simply want a better understanding of published research.