In the treatment of addictions and their psychological understanding, cognitive-behavioural and motivation approaches have been paramount. In contrast, the psychodynamic contribution has been muted. This book redresses this imbalance by bringing together a team of senior clinicians with psychotherapeutic backgrounds as well as extensive experience in addiction.

Stress is placed on the diversity of psychodynamic understanding and its relevance to the everyday problems met by addicted individuals. The first theoretical part of the book is followed by examples from group and individual therapy. The Psychodynamics of Addiction will be of interest to psychotherapists who may lack experience in addiction, and to other clinicians working in the field -- doctors, nurses and psychologists.