This is the first text to draw together the knowledge base and expertise of clinicians and researchers from all disciplines in the psychological management of sexual health. It presents advances in theory and practice in a practical way that will be accessible for all disciplines.

There have been rapid developments in the psychological management of sexually transmitted diseases, particularly HIV and AIDS. A significant proportion of those attending genitourinary clinics do not have a disease or infection, but rather are seeking help with sexual health issues relating to behaviour, prior sexual experiences and relationships. Sexual health problems are being increasingly raised by patients across many other health specialties. Hence an increasing number of practitioners need to understand the psychological issues underlying sexual health. With contributions from experts around the world, this book addresses a wide range of issues including sexually transmitted diseases, sexual abuse, rape, abortion and genetic counselling.