Treating and Preventing Obesity: An Evidence Based Review

This is the first evidence-based review of the current intervention strategies for treating and preventing obesity. At long last, with this first evidence-based review of the current intervention strategies for treating and preventing obesity clinicians and health insurers have a guide that allows them to select the most efficient and cost-effective method of treatment for any given state of the illness. The whole is backed by extensive tables, a checklist for quality assurance and an extensive glossary.