In recent years research on parenting has changed stance from one where parents shape child outcomes to an interactive perspective. However this shift is only now transferring to adolescents, with research exploring how the roles that adolescents and parents play in their interactions can lead to problem behaviour.

In this groundbreaking new book, part of the Hot Topics in Developmental Research series, international experts on adolescent problem behaviour examine the roles that parents can adopt to ensure that adolescence is a time of positive personality growth. Based on the latest research findings, What Can Parents Do? examines the role that adolescents play as active agents in their relationships with their parents, discusses approaches to conceptualising complex parenting models and applies research findings from the parenting of younger children to adolescence research.

An erudite and fascinating read, this book will be invaluable to researchers and academics in developmental psychology, social psychologists and clinical child psychologists.