Working with People at High Risk of Developing Psychosis: a Treatment Handbook

Working with People at High Risk of Developing Psychosis is a timely overview of new psychological interventions in this exciting and emerging field, presenting the most up-to-date progress in the identification of individuals who are at ultra high risk of developing a psychotic illness.

The book focuses on a range of psychological interventions that are currently being developed, tested, and used in order to alleviate these early symptoms and attempt to delay or even prevent the onset of a psychotic illness. Even for those who will not go on to develop an illness, such interventions are helpful in the alleviation of their presenting symptoms.

This practical treatment handbook addresses a wide range of issues presented by "at risk" clients. Specific chapters, written by experts in that particular area, cover stress management, co-morbidity, substance misuse, family work and group therapy.