Beyond Reasonable Doubt: Reasoning Processes in Obsessive-Compulsive Disorder and Related Disorders

This book describes the ways in which reasoning can be applied to OCD for effective treatment regimes.

Traditionally, obsessive-compulsive disorder has been classified as an anxiety disorder, but there is increasing evidence that it has schizotypal features—in other words, it is a belief disorder. Beyond Reasonable Doubt moves comprehensively through theoretical, experimental, clinical and treatment aspects of reasoning research, and contains a detailed treatment manual of great value to practitioners, including assessment and treatment protocols and case studies.